

Usually played outdoors, Orienteering is a mix of navigation (map reading skills) and physical endurance. The aim is to navigate through a course, finding specific 'control points' marked on the map within a specified time frame. The top Orienteer's have excellent fitness, problem solving skills and map reading skills.



teamwork map compass
challenge problem solving
safety route directions



STEPS TO SUCCESS

These are the skills I need to achieve success in KS1 Orienteering:



To move in different ways.
To work with others.
To use a basic map.

To plan a route on a map.
To solve problems on my own and with others.
To participate in an orienteering event.