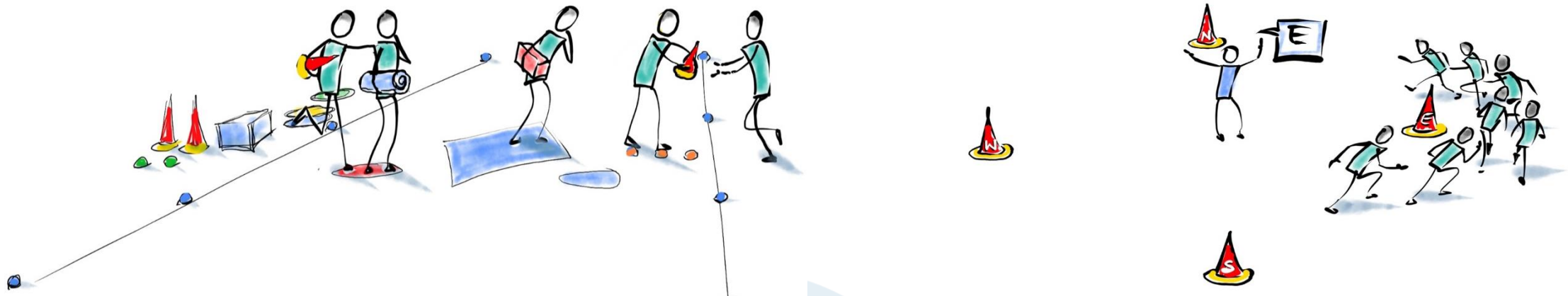


Usually played outdoors, Orienteering is a mix of navigation (map reading skills) and physical endurance. The aim is to navigate through a course, finding specific 'control points' marked on the map within a specified time frame. The top Orienteer's have excellent fitness, problem solving skills and map reading skills.



teamwork map skills
communication problem solving
picture orienteeing



STEPS TO SUCCESS

These are the skills I need to achieve success in LKS2 Orienteering:

To work cooperatively as part of a team.
To communicate effectively with others.
To participate in team games solving problems with others.

To understand different points on a map.
To make a map.
To take part in an orienteeing event.

