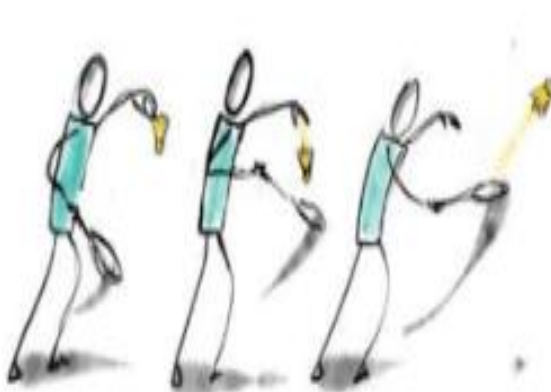


Badminton is a fast paced sport, played on a court, either 1 player versus 1 player (singles) or 2 players versus 2 players (doubles). Each player uses a badminton racket to hit a shuttlecock over a net trying to make it difficult for their opponent to return in back over the net.



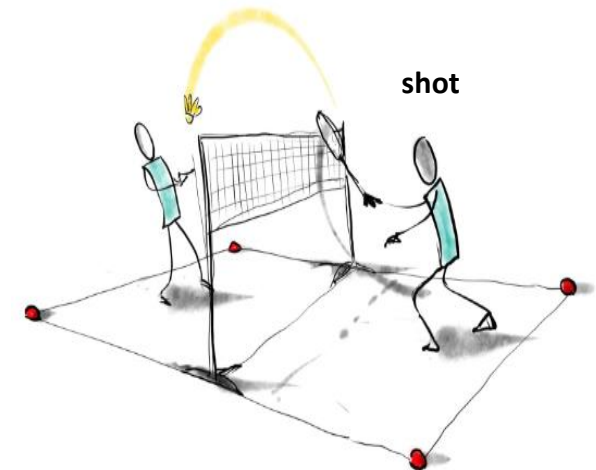
serve      court      racket  
net      shuttlecock  
movement      rally      grip



serve



rally



shot

## STEPS TO SUCCESS

**These are the skills I need to achieve success in UKS2 Athletics:**

To watch, track, and catch a shuttle successfully.  
To perform a basic forehand action with increasing accuracy.  
To perform a basic backhand shot with increasing control.

To keep a rally going using a range of shots.  
To hit a shuttlecock into space at different speeds and heights.  
To compete with others.