



Dear parents and carers,

This term we are fortunate to be able to offer a range of parent support sessions led by professionals supporting our school. If you would like to attend any of these sessions listed below, please email Miss Pullin (Alison.Pullin@WPS.inmat.org.uk) who will be happy to add you to our attending list.

Sleep workshops- led by the school nursing service

These sessions will be held on Tuesday March the 5th at 1:30pm and Tuesday March the 5th at 3:30pm.

During these sessions there will be the opportunity to talk about sleep related difficulties and ask advice from the nursing service. There will also be a short presentation. **(Please note that there is a minimum attendance of 5 adults per session otherwise we may need to run one session only.)**

Eating workshop- led by Blossom Occupational Therapy

This will be held on February the 14th from 9:30-10:30.

During this session Libby our Blossom therapist will lead a session linked to eating and how this can be supported. There will be the opportunity to ask questions and seek professional advice.

SEN coffee mornings- Led by Blossom Occupational Therapy

These will be held on the following dates:

28th March - Sensory circuits- what are they and how do they support?

25th April

23rd May

20th of June

These sessions will focus on SEN support. Each session will begin with a short presentation led by Rachael our school commissioned occupational therapist, followed by time to ask questions and seek professional advice. Each session will begin at 9:30 and last approximately 1 hour.