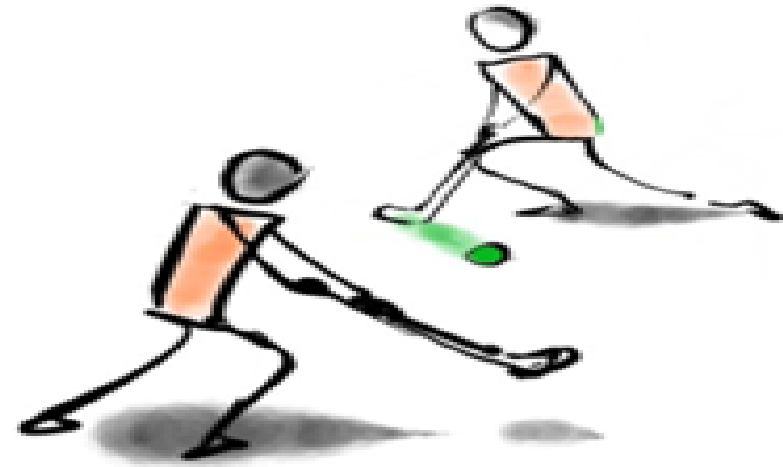


Field hockey is a team sport that is played on grass or artificial turf. It involves two teams of 11 players, including a goalkeeper. Players must use a curved stick to dribble, pass and shoot the ball. Field hockey requires a combination of skills including speed, agility, hand-eye coordination, and teamwork.



dribbling goal roll
scoring teamwork passing
push pass shooting



STEPS TO SUCCESS

These are the skills I need to achieve success in KS1 Hockey:

To negotiate space.

To use equipment safely and correctly.

To use a hockey stick with two hands.

To move a ball using a hockey stick.

To stop a ball using a hockey stick.

To compete in games with others trying to win.